Escola Universitària Politècnica de Mataró

Centre adscrit a:



Bachelor's Degree in Audiovisual Media

FARMACIOLA VERDA

Appendix

GASTÓN FICAROTTI PROJECT TUTOR: ELOI AYMERICH

SPRING 2014



Index.

Appendix I. Script.	1
Appendix II. Location summary	5
Appendix III. Permission to record.	11
Appendix IV. Characters summary.	13
Appendix V. Shooting plan	19

Appendix I. Script

Appendix I. Script.

PART	CONTENT	SHOT	TIME	SOUND
1.Intro (history)	Grandmother's home presentation.	LS/ MS		Ambient Sound
	Grandmother watering her plants & vegetables and doing everyday situations	LS/MS/CU	1MIN	Grandmother's voice-over: presentation, explaining youth situations related with our topic.
	Professor Anna Maria Carmona explaining the history of the Natural Medicine & some historical therapies with plants.	MS/CU	6MIN	Professor's voice
	Biologist Sílvia Sanchez contextualizing the past and the uses of medicinal plants.	MS/CU	1MIN	Biologist's voice
	Biologist's interview. She talks about the importance of recuperating lost knowledge there were on the past but had been lost. Introducing <i>Les Trementinaires</i> , ancient woman who travelled catalonia with Natural Remedies.	MS/CU	1MIN	Biologist's voice
	Trementinaires Museum. Where their name came from? Plants they used?	Movement CU/ECU	1MIN	Lina Sevillano's voice-over
	Biologist Sílvia Sanchez explaining some ancient methods used on the past, related with <i>les trementinaires</i> .	MS/CU	1MIN	Biologist's voice
	Lina Sevillano's Interview. Other plants they used.	MS/CU	1MIN	Lina Sevillano's voice.
	Remedy shots of the museum.	Movement shots	30sec	Lina Sevillano & Silvia Sanchez voices-over
2. Develop- ment	Lina's Interview. Why that work disappeared?	MS/CU	1MIN	Lina Sevillano's voice.
	Biologist Sílvia Sanchez explains her point of view about how the pharmacy industry changed that traditions.	MS/CU	1MIN (total: 15min)	Biologist's voice

		<u> </u>	1	
	Professor Anna Maria Carmona tells us history details about the medicine advances and until the present.	MS/CU	1MIN	Professor's voice
	Doctor Pere Rodenas talks about the abuse we're doing on synthetic medicines.	MS/CU	2MIN	Doctor's voice
	Professor Anna Maria Carmona explains her opinion about if this abuse is good and what we can do.	MS/CU	2MIN	Professor's voice
	Farmer Josep Pàmies explains his opinion about this changes.	MS/CU	1MIN	Josep Pàmies voice
	Grandmother remedy shots. Taking care on his tomatoes, cooking a tea.	LS/MS/CU	1MIN (total:20 min)	Grandmother's voice-over: she tells us why she's doing a tea and why she uses it.
2.1 Experien ce's point of view	Herbalist Albert Rami's Interview. He'll explain the propertie's about what the grandmother was having.	MS/CU	1MIN	Herbalist's voice
	Albert rami explains what Kalanchoe is.	MS/CU	1MIN	Albert Rami's voice.
	Pàmies Interview: he explains more about this plant known thanks other cultures.	MS/CU	1MIN	Pàmies voice
	Pàmies talks about plants used on male reproductive issues.	MS/CU	1MIN	Pàmies voice
	Albert Rami explains about therapies used on female reproductive issues.	MS/CU	1MIN	Herbalist's voice
	Josep Pàmies tells about the importance of sharing the knowledge on this though all the world. He talks us about <i>Artemisia</i> , a Plant known by the Chinese culture ages ago.	MS/CU	1MIN (total 25min)	Farmer's voice
2.2 Scientific Point of view	Professor Roser Vila on the laboratory. Explains the properties of this mentioned plant. Talks about	MS/CU	2MIN	Professor's voice
	Prof.Thomas Richard explains how the chinese culture used this plant ages	MS/CU	1MIN	Thomas Richard's voice

Appendix I. Script 3

	ago.			
	Roser vila en despacho. Talks about Ginkgo Biloba and its properties.	MS/CU	1MIN	Professor Vila's Voice
	Prof.Thomas Richard explains Chinese aforetime used this Plant	MS/CU	1MIN (total: 30min)	Thomas Richard's voice
	Roser Vila explains some plants we can use in the nervous system.	MS/CU	2MIN	Professor's voice
	Pharma technical manager Manu Llabres explains what other plants we can use on this aspect.	MS/CU	1MIN	Manu Llabres voice
	Herbalist Albert Rami explains his point of view on treating this diseases. He talks about Hipericum Perforatum	MS/CU	1MIN	Herbalist's voice
	Grandmother explain why she uses this plant. How when she was young hervested it with her grandmother	MS/CU	2MIN	Grandmother's voice
	Roser Vila talks about scientific aspects on this plant	MS/CU	1MIN	Professor's voice
	Manu Llabres explains how Hipericum works and the therapeutic uses it haves.	MS/CU	1MIN	Manu's Voice
2.3 Studies	Manu Llabres Talks about what studies have to follow a plant before it's accepted to sell to the public	MS/CU	1MIN	Technical Manager voice
	Roser Vila explains more about this studies.	MS/CU	1MIN (total: 40min)	Professor Roser Vila's voice
	Manu Llabres talks about benefits but also contraindications on the use of plants	MS/CU	1MIN	
3. Ending	Some of the interviewed characters give their opinion on how to use plants, their benefits, why all this is a little bit hidden, how actual medicine should be. If Doctors are prepared to use plants, if conventional medicine is now collaborating with other alternative medicines	MS/CU	9MIN (total: 50min)	Sílvia Sanchez Roser Vila Manu Llabres Thomas Richard Anna Maria Carmona

Some of the interviewed characters give their opinion about how we could have a more healthy life. Talking about a good lifestyle, a good nutrition, and more other aspects to take care.	MS/CU	9MIN	Anna Maria Carmona Josep Pàmies Albert Rami Pere Rodenas Roser Vila Manu Llabres Sílvia Sanchez Thomas Richard
Grandmother gives talks about her active lifestyle until the present and gives advice on how to have a healthy life.	LS/MS/CU	1MIN (total: 1hour)	Grandmother's voice

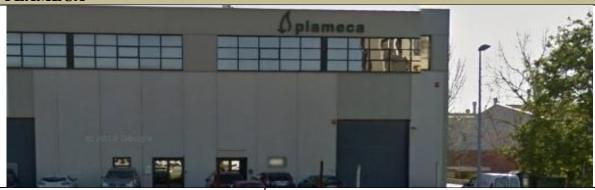
Appendix II. Location summary.

TREMENTINAIRES MUSEUM



Address	Pl.Serra del Cadí, 1 25717 - TUIXENT ,Lleida
Utility	InteriorInterview with Lina Sevillanoplace shots

PLAMECA



Address	Avda. Prat de la Riba s/n (antigua ctra. nacional II km. 600) 08780 Pallejà (Barcelona)
Utility	Interior in officeInterview with Manu LlabresShots of laboratory

INSTITUTO MERIDIANS RUITES OVERE RES RUITES OV

Address

c/Diputación, 321, 1-1, 08009 Barcelona (calle Diputación, esquina con calle Bruch).

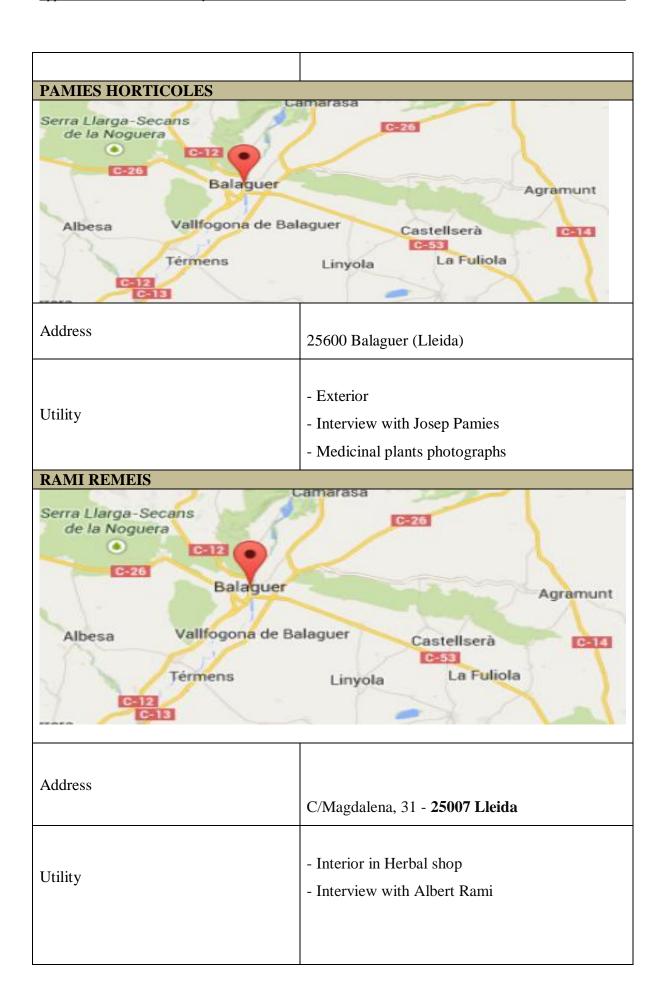
Utility

- Interior in office
-Interview with THOMAS RICHARD

INTEGRAL CENTRE MEDIC I DE SALUT



Address	<u>c/Diputación, 321, 1-1, 08009 Barcelona</u> (calle Diputación, esquina con calle Bruch
Utility	Interior in office - Interview with Pere Rodenas - Information about the natural therapies and medicinal plants.





Address	Avinguda Joan XXIII, s/n 08028 - Barcelona
Utility	Indoor studyInterview with Roser VilaInterview wih Anna M.CarmonaShots of laboratory

BIOMARESME



Address	08394 Sant Vicenç de Montalt
Utility	ExteriorInterview with Silvia SanchezPhotographs

GRANMOTHER HOUSE	Bur calecteria Hostar
Address	Calle Carretera de l'Aviació, 34-36, 08820 El prat del Llobregat
Utility	- Interior and exterior - Interviews with Grandmother - Day-to-day shots

Appendix III. Permission to record.



Guardia Urbana
Oficina d'Informacio i Triemits
C/Osardia Urbana, 3-5
08004 Bercelona
Telefron 93 291 50 23 / 50 29 / 50 30
Fax 93 291 51 61
gu_ori@bcn.car
www.bcn.car/guardiavarbana

Reg. núm. 2014FLA01654

VISTA la sol·licitud presentada per Jordi Colominas Ruiz, amb CIF 47185712Q,

L'Intendent de la Divisió de Coordinació de la Guàrdia Urbana de Barcelona, per delegació de l'Alcaldia de data 9 de desembre de 2004, en data 10 d'abril de 2014, autoritza l'ocupació de la via pública amb motiu de la Filmació per a un/una Reportatge TV titulat/da Sembrant alternatives, del/s dia/es 16/04/2014 a 30/04/2014, de les 08.00 fins a les 22.00 hores, per un màxim de deu persones, càmera i trípode a la vorera, sense destorbar el pas dels vianants.

LA PRESENT AUTORITZACIÓ RESTA SUBJECTA A LES SEGÜENTS CONDICIONS:

PER QUALSEVOL DUBTE O PROBLEMA QUE PUGUI SORGIR DURANT EL RODATGE, LA GUÀRDIA URBANA O L'INSPECTOR D'AQUEST SECTOR D'ACTUACIÓ ES PODRÀ POSAR EN CONTACTE AMB EL/LA RESPONSABLE DE PRODUCCIÓ SR./A. Jordi Colominas Ruiz AL/S TELÈFON/S 933708674.

SE SEGUIRAN EN TOT MOMENT LES INDICACIONS QUE A L'EFECTE ASSENYALIN ELS MEMBRES DE LA GUÀRDIA URBANA, O LA INSPECCIÓ MUNICIPAL, I S'HA DE PRESENTAR AQUESTA AUTORITZACIÓ EN EL CAS QUE SIGUI REQUERIDA.

QUEDA PROHIBIT TALLAR O DESTORBAR EN CAP MOMENT EL TRÀNSIT DE VEHICLES O DE VIANANTS.

LA PRESENT AUTORITZACIÓ NO TÉ VALIDESA ALS SEGÜENTS LLOCS DE LA CIUTAT DE BARCELONA: ZONES DEL PORT OLÍMPIC I AUTÒNOM, ZONES VERDES, PARCS MUNICIPALS, PLATGES I RECINTES GESTIONATS PER B:SM. QUAN LA LOCALITZACIÓ SIGUI "DIVERSOS INDRETS DE LA CIUTAT DE BARCELONA" QUEDARÀ INVALIDADA QUAN COINCIDEIXI AMB UNA AUTORITZACIÓ AMB UNA LOCALITZACIÓ CONCRETA.

EL SOROLL NO PODRÀ INCREMENTAR-SE MÉS DE L'ASSENYALAT EN L'ANNEX III.1 DE L'ORDENANÇA GENERAL DEL MEDI AMBIENT URBÀ DE BARCELONA, EN FUNCIÓ DE LA ZONA SENSIBILITAT ACÚSTICA CORRESPONENT AL LLOC ON ES DESENVOLUPI L'ACTIVITAT. EN CAS DE NO ACOMPLIR-SE DITES CONDICIONS LA GUÂRDIA URBANA PROCEDIRÀ A L'ATURADA DE L'ACTIVITAT.

L'EMPRESA SOL·LICITANT ES FARÀ RESPONSABLE DEL MANTENIMENT, AIXÍ COM RESPONDRÀ DE LES POSSIBLES MALMESES QUE ES PUGUIN PRODUIR AL PAVIMENT O AL MOBILIARI URBÀ PER RAONS DE L'ACTE. ELS RESPONSABLES DE L'ACTIVITAT FETA A LA VIA PÚBLICA SÓN RESPONSABLES TAMBÉ DE LA SEVA NETEJA, D'ACORD AMB L'ARTICLE 23 DE L'ORDENANÇA SOBRE L'ÚS DE LES VIES I ELS ESPAIS PÚBLICS DE BARCELONA.

AIXÍ TAMBÉ RESPONDRÀ DELS DANYS QUE ES PUGUIN OCASIONAR A PERSONES DURANT L'EXERCICI D'AQUESTA AUTORITZACIÓ.

AQUESTA AUTORITZACIÓ S'ATORGA AMB CARACTER DISCRECIONAL I RESTA SUPEDITADA ALS INTERESOS PÚBLICS D'ACORD AMB L'ART. 48 DE L'ORDENANÇA SOBRE L'ÚS DE LES VIES I ESPAIS PÚBLICS DE BARCELONA

Contra aquest acte, que exhaureix la via administrativa, es pot recórrer potestativament en reposició davant l'òrgan que l'ha adoptat, en el termini d'un mes comptat des de la present notificació, o es pot interposar directament recurs contenciós administratiu de Barcelona, en el termini de os mesos comptats des de l'endemà de la present notificació. Contra la desestimació tàcita del recurs de reposició, es pot interposar recurs contenciós administratiu davant la jurisdicció esmentada, en el termini de sis mesos a comptar de la data en que es produeix l'acte presumpte. També es pot utilitzar qualsevol altre recurs que es cregui convenient.

Barcelona, 10 d'abril de 2014

Appendix IV. Characters summary.

Personal Data		
Name	Anna Maria	
Surname	Carmona i Cornet	
Phone	607 845 958	
Address	Avinguda Joan XXIII, s/n 08028 Barcelona	
Web	http://www.ub.edu/farmacia/es/	
Jobs		
	Tenured professor on the Catalan Pharmacy History	
	Pharmaceutical legislation and deontology	
Studies		
1972	Doctor on Pharmacy - Anti tumoral t	therapies specialized
	Pharmacy	
	Industrial chemical engineering technique	

Personal Data		
Name	Roser	
Surname	Vila Casanovas	
Mail	r.vila@ub.edu	1000
Phone	+34 93 402 45 31 ext. 24	
Address	Avinguda Joan XXIII, s/n 08028 Barcelona	
Web	www.ub.edu/farmaco/ farmacologia	
Jobs		
	Lecturer at Universitat de Ba Phytotherapy professor.	rcelona (UB). Pharmacognosy and

Studies	
	Pharmacy at Barcelona University

Personal Data		
Name	Thomas	
Surname	Richard	
Mail	t.richard@institutomeridians.com	
Phone	+34 619 528 678	
Address	Carrer Provença 500, entresuelo 2a. 08026 Barcelona	
Web	www.fitoki.es	F S S S S S S S S S S
Jobs		
Since 2009	Technical advisor at Fitoki	
Since 2006	Chinese Traditional Medicine's Therapist	at MTC Meridians Institute
Since 2006	Chinese Pharmacopoeia's Professor at ISI	MET

Studies		
2007-2011	Asian Culture & Society at Universitat Oberta de Catalunya	
2008	8 Certified in Pharmacopoeia & Acupuncture at Kunming Medical	
	College	
2001-2006	Traditional Chinese Medicine at University of Wales, Cardiff	
2001-2006	Traditional Chinese Medicine Expert at ISMET	
2004-2006	6 Qi Gong & Tai Ji Quan Instructor at Asociación CatalanA de Choy Li	
	Fut, Tai Chi Chuan y Qi Gong	
2006-2010	3b Chinese course	
1993-1995	Human & Social Sciences at Université Blaise Pascal (Clermont-II)-	
	Clermont-Ferrand	

2009-2010 Chinese Traditional Medicine texts Technical reviser at Elsevier

Personal Data		
Name	Albert	
Surname	Rami Romeu	
Mail	Info@ramiremeis.cat	
Phone	973237513	
Address	C/Madalena 31 Lleida	
Web	www.ramiremeis.cat	

Jobs

Naturopath and Herbalist. Large experience on natural and holistic therapies.

Web

Personal Data

Name Lina
Surname Sevillano Fuertes
Mail museu@trementinaires.org
Phone 973 370 030

Address Plaça Serra del Cadí nº1,
25717 Tuixent

www.trementinaires.org

Jobs

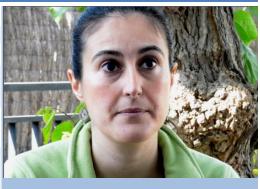
Since 1999 Town Council Administrator. Guide, instructor and receptionist at RITSA (Recursos Iniciatives Tuixent S.A)

Studies

1980-84 Administrative studies. Job training administrator.

Personal Data

I CIBOHai Data	
Name	Sílvia
Surname	Sánchez Oliveras
Mail	Info@biomaresme.com
Phone	+34 937 910 928
	+34 636 689 480
Address	08394 Sant Vicenç de
	Montalt
Web	www.biomaresme.com



Jobs

Environmental science teaching activities at BioMaresme

Studies

Biologist

Personal Data		
Name	Josep	
Surname	Pamies	The state of
Mail	agropauenaccio@yahoo.es info@dolcarevolucio.cat	
Phone	+34 973 451 522	Cd School
Address	Partida Primera Marrada s/n 25600 Balaguer (Lleida)	
Web	http://www.pamieshorticoles. com/index.php www.pamieshorticoles.com	



Jobs

Vegetables producer at "Pámies Horticoles S.L" with a large history on this world.

Personal Data	
Name	Manuel
Surname	Llabres Laguarda
Phone	620 837 497
Address	Avinguda Prat de la Riba s/n
	08780 Pallejà (Barcelona)
Web	www.plameca.com



Jobs	
SInce 2001	Technical Manager at Plameca
1992-2001	Technical Manager & Purchase Manager at Roig-Farma
1986-1989	Technical Director at Indukern S.A.

Studies	
1993-1994	Management Development Program (PDD)
1977-1982	Doctor of Pharmacy – Plants physiology specialized

Personal Data		
Name	Pere	
Surname	Rodenas	
Mail	info@integralcentremedic.com	
Phone	682 092 708 93 467 74 20	
Address	C/ Diputació,321 1r 1a 08009 Barcelona	
Web	www.integralcentremedic.com	



Jobs	
	Integrative Medicine Doctor
	President of the Barcelona Naturist Doctors

Studies	
	Doctor of Medicine

Appendix V. Shooting plan.

APRIL 2104

Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
		- Professor Roser Vila's Interview. - Laboratory and herbs images.	-Technical ManagerManu Llabrés InterviewAlso shooting Plameca laboratory images.			
7	8	9	10	11	12	13
-Professor Thomas Richard's Interview. - Chinese Remedy preparation	- Laboratory images CANCELLE D	-Naturist DoctorPere Rodenas Interview				
14	15	16	17	18	19	20
	09:30 - Agriculturist Josep Pàmies Interview Visit on his Green house.	-Museum Director Lina Sevillano's Interview. -Museum shots.		09:00 - Biologist Silvia Sanchez Interview - Also plants shots.		
21	22	23	24	25	26	27
		- More Plameca Laboratories Shots	- Naturist & Herbalist Albert Rami's Interview.	-Professor Roser Vila's Interview. REPEATIN G	-Barcelona's movement shots.	
28	29	30	31			

MAY 2014

Monday	Tuesday	Wednesda y	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
		Pharmacy Historian & Professor Anna Maria Carmona i Cornet's Interview Pharma Museum Shots		Grandmother 's Interview and remedy shots.	Grandmother's daily tasks shots.	